# My Christian Journey Вуз Dr. Nalin Shah M.B.B.S. B.Sc. (Medical) F.C.A.P., F.A.S.C.P., F.A.A.O.A., F.A.I.A.I., A.B.E.M.(U.S.A.) My Christian Journey

### Forward By Dr. Norvel L. Hayes

I have known Dr. Shah for many years. He has been coming to my conventions every year for over fifteen years. He loves to go places where the Word of God is being taught and preached - why? - Because the Word of God is good food for your spirit, your mind and body. God said, "I have sent my Word to heal you" - that means any part of you that is sick.

You are going to really like this book called "My Christian Journey" - by Dr. Nalin Shah. He has his
clinics where people come for help and they get help, both
in America and India. Dr. Shah is good speaker himself. He
is not afraid to witness to whoever wants to hear what
Jesus had done for him. Thank God for His servant, Dr. Shah.

I am so honored to write this forward for a fine man like Dr. Shah. I am proud and thankful that he is my true friend.

# All Scriptors taken from King James Version of the Bible

Printed in India.

All rights reserved.



### CONTENTS

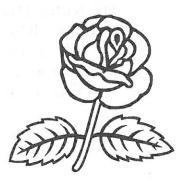


	Conversion Christian Journey	4
2.	Christian Journey Continued	14
3.	Prayer Life	26
4.	A Detachable Tract for	33

1. Hindu Background and

Witnessing

(Shortcut to Heaven)



# My Christian Journey

This book is dedicated to God, my loving Father. Jesus Christ, my Lord and Savior; and the Holy Spirit, my paraclette. To the whole Triune God. And also to my loving and Supportive wife Peggy Sue (Susma) and my children, Chirag, Neesha, Cliff, Tamara and my granddaughter Summer Alexis.

Dr. Nalin Shah M.B.B.S., B.Sc. (Medical) F.C.A.P., F.A.S.C.P., F.A.A.O.A., F.A.I.A.I. A.B.E.M. (U.S.A)

# Introduction

This presentation was made at the Pastors' conference in Ahmedabad, India in January, 2003. So you will find that the whole address is to the congregation. Please keep this in mind when reading this book!



# HINDU BACKGROUND AND CONVERSION CHRISTIAN JOURNEY

I will give you the scriptures that helped me in my early Christian life. You know that the Christian life is full of trials and tribulations. The higher you are spiritually, the more severe is the intensity of the trials and tribulations. As you go through them, you of course, call on the scriptures and there are blessings that come after the victory. You will see how this will affect your prayer life, You will also pass through trials and tribulations. My experience may be of help to you as it has been to me.

Let us open our Bibles to Revelation 12:!1;
"They overcame him by the blood of the Lamb, and by the word of their testimony..."

Satan is a defeated foe, but he still makes mischief or (does not let up). But God has given us weapons. One of them is by giving our testimony. Another is the Blood of Jesus Christ. We must apply these two in our lives.

I know some of you have heard my testimony more than once. But rest assured you will hear more! That is one of the weapons I use for victory!

I was born and raised in Ahmedabad in a place called Dhal-ni-Pole. I was raised as a Vaishnav Hindu. I knew no other religion. I did not know about Christianity except that I got a holiday on Christmas. I knew somewhat about Islam

because I had Muslim friends. But I did not know as much as I know now. I was a nominal Hindu and did what my parents did. I had not studied the Hindu scriptures, nor had I the inclination to do so.

At the age of 27, when I was doing my general practice in India, I had the opportunity to go to England and America. I stayed in England for seven weeks. My son was born there. We took him to America when he was three weeks old.

I had a desire after God and searched after Him. Every human being has a void in him which causes him to seek and search for God. Many people try to fill that void with drugs and alcohol or by immoral acts. I tried to deal with it by attending meetings wherever God was preached. Although I was a Hindu, I used to go to church because there were no temples where I lived in America at that time. I used to send my son to church even when I couldn't go for some reason or the other. He became a Christian at the age of six. I remarried, my wife was a Christian. We have a beautiful daughter. My search was still going on.

I used to take my family to a centre called PTL. PTL stands for "Praise the Lord." PTL was started by Jim Bakker. This centre had two beautiful hotels, big theatres, a television centre, a big lake, big lawns and shopping centre. He had also built an "Upper Room", which was a replica of the one in Jerusalem. If you have never been to Israel, I would strongly recommend you to visit, if ever you get the chance. The Bible becomes alive to

you there. Our Lord Jesus was born, raised, walked, crucified, buried and raised from the dead there! You can see all those places, the empty tomb also.

The "Upper Room" that Jim Bakker had built also allowed visitors. There were beautiful stained glass windows, a nice carpet etc. It had a beautiful view. Under it was a room where the preacher would preach on Sundays.

You don't know the whole story of PTL, but ultimately that gentleman fell. It was big news in the media. They tried to make Christianity look bad, but the Lord blessed me the most there.

A week before the scandal broke; my wife and I were listening to a preacher on Sunday morning. He preached from 9 to 10 am. After it was over he said that anyone who wished to go to the Upper Room could go. Immediately, my wife got up and went. I had no desire to go. I had seen it as a visitor the day before. After about ten minutes it seemed as if the Holy Spirit was nudging me, He said, "You go up..." and I said, "Lord, it is late and everyone has gone." But suddenly I got up and went to the Pastor and gave him my offering. He used to take the offering in cash, so I paid my tithe and said, "Sir, can I still go up?" He said that I could. Looking back, I am glad that he said that. I went up and sat next to my wife I experienced so much peace in that Upper Room.

There was a preacher there. I still remember his face, his beautiful blue eyes behind

his glasses. He had such a very distinguished looking face. Whether he was preaching or singing, I don't remember, but suddenly I started speaking in unknown tongues. This went on for a few minutes. I did not know what was going on. After it was over I asked my wife what had happened to me. She told me, "You are blessed by God." I asked her why. She said, "You have been searching for God and He knows your heart, He is blessing you."

I looked it up in the Bible. At that time my knowledge of the Bible was zero, so much so that I did not know what "Upper Room" was. I still remember asking the person behind the desk in the hotel, where the lower room was!

I did not know what speaking in tongues stood for. Anyway, I looked up the Bible and found that it was one of the gifts of the Holy Spirit. When I started attending the local church, I started interpreting too. This was the second gift of the Holy Spirit. The Lord had given me an experience I could not refuse. I also realized that I could not turn my back on God when He was blessing me.

So after four to six months I accepted the Lord Jesus as my Lord and Savior. Then I got officially baptized. The delay was because of the struggle I was experiencing after being a Hindu for 47 years. I had been studying the Hindu scriptures more seriously in America than I had ever done in my entire life. I had become an expert on the Geeta, and I knew the Mahabharata and Ramayana. I only

touched the Upanishads and Vedas, which I did not understand. I had gained enough knowledge to argue with anyone from another religion. But the Lord is greater than Dr. Shah. He gave me an experience, I could not refuse. It just blew my mind, what a great blessing that was. I started studying the Bible regularly.

There are two verses I initially read and acted upon. The first was Malachi 3:8 & 9;

"Will a man rob God? Yet you have robbed me! But you say 'In what way have we robbed you?' In tithes and offerings. You are cursed with a curse. For you have robbed Me. Even this whole nation."

God was talking to the nation of Israel, because they did not give Him their tithes and offerings. But He said that there was a way out. He said, "Bring all the tithes." (Verse 10a)

Let me tell you something. One hundred percent is given to us by God and He wants His ten percent. Why so? God is so rich, He does not need money. He is just testing our obedience. When you give His money back, you have established a covenant with Him. Some people give ten percent of their income after deductions like income tax etc. from whatever is left. Some people tithe on their adjusted gross income after the deductions and taxes. We must tithe on the gross income. In II Corinthians 9:7 we read "God loves a cheerful giver." You cannot just argue with God when you write out that cheque for the tithe, that "I have to

pay bills, I have to make my house payments, my electricity bill and I will give that later on." He wants the first ten percent of your income and the offerings are apart from the tithe.

According to the Bible you can give alms. Start giving alms or offerings and see what happens. Let us see what the scriptures have to say. This is the Word of God. He says "...bring all the tithes into the store house." The store house is the house of God. Let me tell you something that goes on in the mind of Americans. We now have television ministries. For example I watch television all the time in my house.

There is a channel called T.B.N. which is a Christian channel. I don't think you have Christian channels in Ahmedabad. When I was in Nagaland, I saw that they have 'Miracle Network'. There is T.B.N. and Inspirational Network also. Do you know that there are thirteen Christian satellites orbiting our earth? They are owned by T.B.N., which has 2300 television stations around the world. So now the gospel is preached all around the world. You must get your channel operator to give you this channel. Since you are subscribing for the channel network they should give it to you on your requesting for it. If they do not, stop subscribing to it.

I had a little question with my tithes and offerings. It was not the money but the question was where to give it. I was fed more (spiritually) by Christian television then by my local church.

Don't misunderstand, me. I could listen to more speakers on television than in church. One disadvantage of the television ministry is that they are not there when you need them. I found out that if you need somebody to pray with you any time, you can dial no. 800 of that ministry which is free in the U.S.A.

Your tithes belong to the storehouse from where you are fed the Word. So pray to God for direction, to give to the church or the television ministries or both. Your offerings should go the same way.

Let us see what happens when we do what God says. There will be food in his house, so the pastor can be fed. God says to try Him on that one. This is the only time in the Bible when God says, in Malachi 3:10;

"...try Me now in this," says the Lord of Host, "If I will not open up the windows of heaven."

The other time He opened the windows of heaven was in the time of Noah. Before that time there was no rain. The earth was watered by the dew from heaven. We can't imagine how big the windows of heaven are. It rained for 40 days and water covered the whole earth. We don't know how deep it was, but everything on earth was submerged in the water. Only the ark was left afloat with its live cargo. Imagine blessings like that when you give your tithes and offerings. There will be spiritual revival in your life. God says He

will pour out such blessings; you will not be able to receive it. You will have material as well as spiritual blessings. You will get so many blessings you won't have room enough to receive it.

God goes on to say that He will rebuke the devourer for your sake. This is an Old Testament scripture. At that time also the devil was active in troubling God's People. You can also use the same scripture when you are attacked by the enemy. I used this scripture, even though I knew Satan was defeated 2000 years ago, When all hope is lost, I fall on my knees and remind God that I have been obedient. So according to His promise He has to rebuke the devourer for my sake, and He does just that. He wants you to remind Him of His Word. The devourer can be even humans, not necessarily the devil.

Then let us see what other blessings He wants to give us. He will rebuke the devourer so that he will not destroy the fruit of the land- so he will not destroy your business or money. He will protect your family. He goes on, "all the nations will call you blessed," which means you will be a blessing to all around the world. God says you will be a delightful land. He will use you in His ministry. You will get all the blessings He has promised if you are obedient. Let me give you a New Testament scripture. See Luke 6:38;

"Give and it shall be given unto you, a good measure, pressed down, shaken together, running over, shall men give into your bosom. For with the same measure that you give, it will be measured back to you"

'Give' is mentioned only one time, but look what will be given to you a good measure, pressed down, shaken together, running over, will men put into your bosom, with the same measure you measure will it be given back to you seven times. Seven is the number of God. Giving not only in terms of money, but also other things.

You give love; you get love. If you want friends, give friendship. If you are kind, people will be kind to you. It works the opposite too. If you are angry people will be angry. If you have a sad countenance, people around you will look sad. If you have Christ in you, you will have joy in you and people will notice that inner light which will shine from you.

The Bible says that you are the salt and light of the world. What will happen when you give your light and salt? You will bring many people to the Lord. Look what God did. In John 3:16 we read:

"For God so loved the world that He gave His only begotten Son that whoever believes in Him should not perish but have everlasting life."

He gave one Son, and got billions and billions of sons back. See how big our God is and what a big giver He is! When you start giving you will never be in want of anything.

Remember the widow who had only two

mites? She was a poor woman. That was all she had. Rich people gave twenty-five percent, thirty percent and have seventy-five and seventy percent left with them. But this woman had nothing left with her. Her faith drew the attention of God and she was recorded in the scriptures forever. God says that heaven and earth will pass away, but His Word will never pass away. It is recorded forever, what blessings she received.

Let me share a secret with you. I was told that I should not discuss my plans with anyone. I heard a pastor saying that. But I feel you are (my) family. I want you to promise to pray for it, the Lord gave me the idea to put my Testimony in a book. The litle of the book will be "My Christian Journey". All that I have been telling you is for the book. It will be printed in Ahmedabad. We want to print it in English and Gujarati. You can pay the cost price or get it free. When it is complete, we will send it to your address, which we have. I want to address it to non-Christians because I can identify with them and we can tell them that what we have is better than what they have.

We have a God who died for us. If I was the only person on earth, Jesus would have died for me. He just came to die for me and save me from going to hell and be with Him for eternity in Heaven.

000

# DR. NALIN SHAH DAY 2

## **CHRISTIAN JOURNEY - CONTINUED**

I will give you an account of some of the trials that I went through after I became a Christian. I became a Christian in March, 1987. I had no knowledge of the Bible. I only knew a few scriptures and I practiced them and it worked for a while, then I countered a big trial.

Now, let me give you my background. I was a chief pathologist and the director of the laboratory of three hospitals for 21 years in the United States. I had a base hospital where I would bring all the specimens. I had my own private office with eight employees who did the typing and billing of the reports. I was well established and in a top position. With a lot of income, my tithes and offerings were quite big.

However, I was attacked. The base hospital, that I thought was my hospital, was losing money and hired a new management which had its own group of pathologists. Without my knowledge, they were already negotiating with that group. On the one hand they were negotiating the contract with me and on the other hand they were finalizing the contract with that group. So I

was greatly deceived by them. Because I was very gullible, I thought this was my hospital and our word was a contract. I believed in a handshake and not in a written contract. They gave me their word and promised the contract orally also. They offered me something they thought I would not accept, but to their great surprise I accepted it. They backed out and did not honor their word. Therefore, I approached a lawyer.

But then I saw the handwriting on the wall, I knew I couldn't live in this environment anymore. Because they had the power, they defamed me, they insulted me, and they made false charges against me. They made my life miserable; and they made sure that I would be forced to leave for one reason or another. Being a new Christian, I still knew that there must be some scriptures I could stand on. The Lord led me to Zechariah 4:6 & 7:

"...not by might, nor by power, but by my spirit, saith the Lord of Hosts. Who are you, Oh great mountain? Before Zerubbabel you shall become a plain..."

So I prayed this prayer, "Lord make this mountain plain, make it disappear, because Your Word says so."

Another scripture that I prayed was Isaiah 54:17:

"No weapon that is formed against thee shall prosper and every tongue that riseth against you in judgement you shall condemn. This is the heritage of the servants of the Lord, and their righteousness is of me, saith the Lord."

So I started praying, "Lord your Word says that no weapon formed against me shall prosper. The enemy is attacking not only my income, but also my tithes and offerings. Please help me; your Word says it will not prosper so make it not to prosper."

The next verse I used was Psalm 55:9:

"Destroy, oh Lord, and divide their tongues: for I have seen violence and strife in the city"

So I told the Lord that they were putting strife in my life, in my work and in my business, so you destroy their tongues that are speaking against me, behind my back, and let them disappear. I had some friends on the board that were making decisions. I was hoping that things would work out. The biggest mistake I made at this time was to stop praying. I became prayerless; I had a false sense of security. I did not understand the power of the prayer as I understand today. As the bible says, "We are

destroyed due to lack of knowledge." (Hosea 4:6)

I realized that I should have continued in prayer until I got the victory and even after that. Don't fall into a false sense of security. That is one of the biggest weapons the enemy uses against us. I lost the contract and it looked as if my whole living was gone because that was all I had at that time. I had enough money in my pension plan, but I did not want to touch it until my retirement.

Let me tell you what the Lord had planned for me even before I knew. He outsmarted the devil on this one! Three years before all this happened in 1993, I was attending a Christian Conference. One of the brothers whom I loved very much approached me and gave me a phone number. He said if I would contact this number I could make millions of dollars. I said I had no desire to leave the hospital where I was well settled. But for courtesy sake, I took the number and called it.

The person I called was a fine Christian doctor, filled with the Holy Spirit. He told me, "I have been doing something new and it would be an honor to teach you." He explained about the new thing in allergy that he was doing. I said,"Okay, I appreciate what you are doing.

Please put it down in writing so I will know what you are doing and what you will charge for teaching me." So, he wrote me a nice two page letter. He was a good Christian and everything he wrote was true, but as I said before I had no plans to change my speciality. So I put away that letter in a central drawer of my desk. I had not thrown away that letter, although I did not keep junk for more than three years. I did not even remember that it was there. I started looking at my options, now that I was no longer in that hospital, I prayed, "Lord what shall I do now?"

I had eight options. I read that letter again and called that doctor and asked if the letter was still valid after three years. I also asked if the fees had increased for the course. He answered, "No, you can come. I will honor my letter. You are a only Christian doctor, I will teach you, and you will be the last one." I agreed to take that course with my wife. What he was doing was the latest state of the art in blood testing in America, especially in the department of allergy. Since I was a pathologist doing all the tests in my laboratory, I knew the importance of that test. I knew that what he was doing was scientific. When I told him that I liked what he was doing but

requested to see some patients to see how they were responding, He took me to see about a hundred patients the following month. I could not believe how wonderful the treatment was. The allergic patients were responding beautifully. So I dropped the other seven options and started my own clinic.

Everything that man said was true. This is my tenth year and over three thousand patients. We did not give injections, we just put the medicine under the tongue. This treatment the patients can take it at home. This was a three year program compared to the previous one where patients had to take injections all their lives. We have an 85 percent success rate. The Lord blessed me three-fold compared to what the devil took as it was with Job. He knows more than you or me. You have to just follow what He is leading you to and you will recover all that you have lost. If one door closes, He will open another. He has a better one waiting. It only requires your faith and faithfulness in your prayer life. Therefore, you have to go to Him. You can not trust man. Appropriate scriptures will give you the victory.

I want to share with you another trial I had, hoping it will help you. I was bombarded

with a lawsuit during this practice, I was sued by one of my patients. It was a very frivolous lawsuit, but it was filed. I decided to fight it. Let me give you some scriptures, Ephesians 6:13:

"Therefore take up the whole armour of God, that you may be able to withstand in the evil day and having done so, to stand."

I think I had the armour of God.

I had the breastplate of righteouness, i.e. Jesus; the shield of truth, i.e. Jesus Christ. I was ready to take the gospel of Jesus Christ anywhere. The gospel of peace and so on. I had the mind of Christ and I was praying all the time. I was not going to be deceived this time. I took a stand; it was not a passive stand. But an active stand. When people take part in a race, they have to stand before they start running. I said, "Lord, I have your whole armour, I can not do anything more. I am taking a stand against this stupid lawsuit."

Within a month the lawsuit was withdrawn for the first time. In the U.S.A., a lawsuit can be refiled within a year. That is what this patient did. It was refiled with a different lawyer. I, again took my stand against this. We went through deposition after deposition for five years. In the

U.S., lawyers can examine the witnesses, even in their offices. So this went on and on. To make a long story short, the case was thrown out last month. The judge knew it was frivolous. But I had to go through this trial for five years. My competitors, allegedly, made use of this lawsuit. They used it against me, badmouthing me among other things. I went through fifteen days of agony.

I was discussing this with my son, who is also a born again, Spirit-filled Christian. "Dad," He said, "You will have to kiss the carpet." Well, that is what I did. I had no other choice. It was September 11, 2000. I was in Washington D.C. and I prayed this prayer on my knees, kissing the carpet. I said,"Lord, I am nothing. I humble myself before you. I am in your hands." I knew the lawsuit was all lies. It was an attack of the enemy against the clinic, which is a ministry. We call the clinic, Status Allergy Clinic. Status stands for Spiritual, Testimony and Treatment for us. We pray with the patients if they want us to.

The clinic has produced massive results. Many ministries have been blessed through this clinic. You are here because of this clinic. The enemy does not like that, so he will attack in everyway he can. I knew this was really a

spiritual attack and not so much a physical one. You know how David first killed a bear, then a lion and then he killed Goliath. I had defeated the bear, and then defeated the lawsuit as the lion and in my spirit I knew I could defeat this Goliath also. So after I prayed that prayer in the hotel in Washington D.C., I was attending a meeting of doctors. I suddenly got peace of mind, I slept like a baby. That night the problem vanished from my mind. The next day the angel of the Lord, another doctor, sat next to me by accident. He was friendly and started talking with me. He asked how things were with me. I poured my heart out to him. I told him everything I was going through. He said, "Don't worry, we will take this to the leading doctors in this conference for you and will see what they have to say." I agreed because I remembered that there is "safety in the multitude of counselors."

And guess what? Each of the doctors there had been harassed like me. That reassured me that I could beat this attack, because this was all lies which is a classic tactic the devil uses. I had no doubt that this was a spiritual attack. I prayed for months and the problem disappeared completely within six months from the time I had started praying. This case was over in May, 2002.

So you see how the Lord worked! Praise the Lord! Stand on the Word, don't give up. The devil wins if you give up. I even had suicidal thoughts, because the devil was after my name and honor. I did not want, in my old age, to be ridiculed or laughed at. I didn't want to lose everything that I had gained again. The Lord gave me another victory. I have shared my testimony with you, about how the Lord gave me victory, after victory, and the Lord gets all the glory.

Let me reassure you that once I get a victory, I go on my knees and give Him thanks, and praise and the glory. Sometimes I dance and sing and rejoice before Him. When you do that, it is a beautiful feeling. You feel so free. You have peace of mind and your mind is full of godly thoughts. Let me give you a verse, Philippians 4:6:

"Be anxious for nothing, but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God."

You thank Him even before victory comes. I thanked Him before I got the victory and, of course, after victory came also. I gave him honor, praise and glory and sang praises to Him and danced as I shared with you before. The peace of God that surpasses all understanding was mine.

He gave me such peace, I cannot describe it. So from that time, 9-11-2000, I got the peace of Christ. As a footnote, I did not know that 9-11 would happen in America after a year.

The big enemy attack on America, so much so that this is called 9/11 and terms such as "before 9/11" or "after 9/11" are used. It is much talked about in America. America has changed after 9/11. America was on its knees as never before. I actually saw, on television, the second plane hitting the second tower. It is a long story. Anyway, our prayers were answered and we now have some sense of peace in America. All the churches were praying. All Christians are on their knees. That is the strength of America. Some people think it is money and military strength. No, it is the prayers of the saints that are keeping the country strong.

God has sent a man of God to be the president. President Bush is a born again, Spirit-filled Christian. So America is going towards victory. No terrorist can win. Now they are terrified and running away because America is taking a stand. It is going after countries that are supporting terrorism. We, as a church, are still behind America, we are praying for America and

for President Bush. The Bible says to pray for those in authority. It works.

We will read Romans 12:1 & 2;

"I beseech you brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service. And do not be conformed to this world: but be trasformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God."

This passage deals beautifully with the renewing of the mind and how to sacrifice your body, how you can lead a spiritual life. We have already won the victory and we have the mind of Christ.

You are going from glory to glory; you don't have to wait till the Rapture because you are living an abundant life right here. Jesus said in John 10:10:

"...I have come that they may have life, and that they may have it more abundantly."

You have heaven on earth right here, in Christ. So just continue your walk with the Lord. The Christian journey is good. You have mighty weapons of war right here.

### PRAYER LIFE

I would like to share something about my prayer life with you. These are just outlines and you don't have to follow exactly. There is no standard formula for prayer. Actually, the shortest prayer is when you cry, **Help**!

I start with 'Confession'. Not what you are or what your problem is. Not that kind of confession, but who God is, you can say, "Lord these are your names:-

You are El-ohim: you are God the Creator, You are El-Shaddai : you are God Almighty,

You are El-Elyon: you are the most High God,

You are Jehovah Jireh: you are the God who provides,

You are Jehovah Rohi : you are the Shepherd,

You are Jehovah Rapha: you are the Healer,

You are Jehovah Nissi: you are the One who gives victory,

You are Jehovah Tzidkenu: you are the One who makes us righteous,

You are Jehovah Mekaddesh: the God who sanctifies, who makes us Holy.

You are the God who does all these things.

You are Jehovah Adoni, the Almighty God,

You are the great Lord of Host.

The Lord Jesus is the leader of the Army of God.

You are the great I AM: you are the first and the last;

You are the beginning and the end; you are the root of David;

You are the Morning Star: you are the King of Kings, and the Lord of Lords."

The Lord likes to hear that because these are His names and characteristics, you are praising Him when you bring His names before Him.

Next, you can mention the nature of God, you can say, "God, you are omnipotent, you are omniscient, you are omnipresent, you are the sovereign God, you are transcendental, separate from your creation, you are self-sufficient, and immutable. You are the same yesterday, today and forever. You are just, you are true.

Then you can tell his moral attributes. Just raise your hands and say,

"Lord, you are holy, holy, holy; You are love, love, love;

You are kind, kind, kind;

You are abundant in mercy, abundant in mercy, abundant in mercy;

You are abundant in grace, abundant in grace, abundant in grace;

You are beautiful beyond description, You are beautiful beyond description, You are beautiful beyond description, You are long suffering; You are slow to anger; You are self sufficient; You are very good, very good; You are awesome."

These moral attributes constitute the Glory of God. So when you confess who God is, you come to His attention right away.

The next thing I recommend is supplication. As I shared earlier in Philippians 4:6;

"Be anxious for nothing, but with prayer and supplication and thanksgiving, make your request known to God and the peace of God, which passes all understanding, will guide your mind and heart in Jesus Christ."

The actual meaning of the word supplication is begging. So you go on your knees and say, "Lord, I cannot do this, I am begging you to fulfill your Word." He hears that and you can quote His words or scriptures to Him.

The next step in prayer is adoration and worship; you may tell Him that you adore Him. You can sing your favorite hymns or you can play a music tape in the background.

Then just remain silent. This is a very important part in prayer. You have talked to Him so far. Now He talks to you. When you are silent, He can talk to you. He talks to you through your spirit. He will tell you not to worry, not to be scared, that He will never leave you nor forsake you. He will give you good success; He might

even quote a Psalm. An example, Psalm 23, He might say, "Nalin, I am your good Shepherd, I am your green pastures." He is speaking to me now in my spirit. If you start talking, He gets mad angry. He doesn't like interruptions.

The Holy Spirit is a spirit of order. During these meetings when the presence of God is here, if somebody tries to distract, the Holy Spirit leaves. The anointing goes away. It is the duty of the pastors to guard that anointing. Everything has to be preplanned for the anointing not to disappear, especially when there is anointing and there is prayer for healing. Even little distractions, like people moving back and forth. When the anointing does not last long, it is not a good reflection on the people who come to be prayed for.

Now going back to my 'Communion', He will quote the whole Psalm 23 to you, "Nalin, I am your Lord, your green pasture... I am the table prepared in front of your enemies. I am the anointing oil, I am the cup that runs over, I am the goodness and mercy. I am the house you live in.

Then it will be your turn. (Please remember these are guide lines) You can let the Lord talk more. He will address your situation and give you scriptures. You will be surprised to be given verses you had forgotten! He will bring them to your remembrance, verses which will be effective in your situation. You can now quote

Psalm 23 back to Him. You can say, "Lord, you are my Shepherd. I shall not want...." Now you will be talking to Him. You won't be silent. You can quote the whole of Psalm 23, just the way you started. After finishing that, you can start saying another scripture, when your dialogue with the Lord is over you can enter into 'intercession', which is the next stage.

In 'intercession' you can try speaking in tongues....and so on, you can go on and on. Because this prayer is in unknown tongues, bypassing your mind, you may be praying for someone you don't know in Japan. Some brother or sister in another part of this world may be praying and you may be interceding for that person, because that is what the Lord wants you to do. That other brother or sister is in need of that prayer. We are here, but so many people are praying for us right now in America. That is why, in spite, of so many problems this conference is a great success. Because there are so many intercessions going on.

The next stage will be praise, worship and thanksgiving. You just raise your hands and praise the Lord. Say, "I praise you Lord, I worship you Lord, I thank you Lord." Just go on and on. He likes to hear that, you can do that all day long if you like.

These are the eight stages of my prayer life. As you see I don't need notes because I do it everyday. I like to do it three times a day. Never

try to stop it. It will make your spiritual life stronger.

I will give you one more 'Prayer' before I close. How many of you have heard of the prayer of Jabez? It is found in 1 Chronicles 4:9 & 10. We will read verse 10;

"And Jabez called on the God of Israel, saying, "Oh, that You would bless me indeed, and enlarge my territory, that Your hand would be with me, and that You would keep me from evil, that I may not cause pain!" So God granted him what he requested."

So God granted his prayer. Let us go to verse 9 and see why God answered him;

"Now Jabez was more honourable than his brothers, and his mother called his name Jabez, saying, "Because I bore him in pain."

The beauty of this scripture is that before and after it, there is a genealogy of names and suddenly this verse appears out of nowhere. Suddenly the Lord brings the whole thing out. I don't understand the Lord. But He is the Lord and decides where to put what! This is what sticks out, that he was more honourable than his brothers.

Then let me not hurt anybody by my words, or by my look. I don't want to hurt anyone consciously or unconsciously. I talk to different patients everyday, so I pray,"Lord give me the right words so that I can help them." Sometimes I am too tired to talk. Then I pray, "Lord, when I go

to see them, take away my tiredness, and make me fresh so that I can glorify Jesus." Before going inside I pray,"Show Jesus to them, not Dr. Shah or flesh." I feel the presence of the Holy Spirit and talk with them, and He guides me on so beautifully.

This is my Christian journey and I recommend it very highly. So hang in there and do the Christian journey and enjoy it. The problems will be fun rather than pain. Don't go around with a gloomy face, because life is full of problems. You can make big problems look small and small problems look big. It depends on your attitude. If you keep on praying and your mind is the mind of Christ, there will be no problem that can take dominance over scriptural thoughts. Actually, it will look as if you are looking at it from a distance. It will seem as if you are watching a play. You will view yourself as if at a distance from that problem and you will be totally detached from it. Your peace of mind will not be disturbed, unless you dwell on that problem. Give it no importance, because Jesus is victorious! In Him we are more than conquerors!

I will finish with this one sentence. No matter what problems you are facing, you are going to win. Give God all the glory, praise and honor due to Him.

THE END

# THE LORD JESUS CHRIST IS THE ANSWER

#### THE GOOD NEWS

So you've never heard about the Lord Jesus Christ? So yoy've never heard about Christmas? So you've never heard about Christians?

Or you might haveheard about the Lord Jesus Christ, or you might have heard about Christmas and even know somebody who is a Christian...

This letter is written just for you. To give you a basic understanding of who the Lord Jesus Christ is, and what He did for us as a man while on earth, and what He is going to do about mankind in the future.

If you are still interested to know more, please read on. As God Almighty wants you to read o He is on your side!

To understand about all the questions posed above. The Bible is the answer. It contains from page one to the last page, all about the Lord Jesus Christ.

He is the reincarnation of God (usually to save righteous) to save sinners.

#### **HOW CAN WE NOT BE SINNERS!**

Should we do good works and be morally pure?

Can we do perfect?

### NO WAY !!!!

Humans (flesh) cannot be perfect, we are born in sin. There is a Way out !! Thank God for this. He saw mankind's plight and came to our resecue

### HOW ??

By having his own son take the rap for our sins, or in other words making Him a sacrifice instead of us!!

### HOW DID HE DO IT ??

He made His own Son born to a virgin. She became pregnant by the power of the Holy Ghost. So when Jesus was born. He had no genealogy to the sin of Adam. He was pure, sinless man.---The Lord Jesus Christ died on the cross and shed His blood. He was buried and was raised from the dead by the Holy Spirit on the third day. So whosever accepts Him as Lord and Savior and believes from his hear that He was raised from the dead, is SAVED!

Romans 10:9-10

- 9 That if you confess with your mouth the Lord Jesus and believe in your heart that Gos has raised Him from the dead, you will be saved.
- 10 For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation.

When God looks at a believer on the Day of Judgment, He will not see his sins at all. He will only see the blood of Jesus. That person will be saved from punishment.

### HOW DO I GET THIS BENEFIT ?

### It is so simple...

The only thing you have to do is believe and confess that Jesus is the Lord and He was raised from the dead. Then instantly you become a Christian, or Christ-like and anointed (filled with God's power). You are assured a place in Heaven and not Hell.

You also become a new creature in Christ. Your old man died and a new man is created.

What should I do now, since accepting Jesus and becoming a Christian???

- □ Get a Bible
- Join the Church
- ☐ Get Baptized
- Pray, Pray, Pray
- ☐ Learn to be disciple of Christ

The goal is to become like Christ.

# Written By:

Dr. Nalin Shah

M.B.B.S., B.Sc. (Medical)
F.C.A.P., F.A.S.C.P.,
F.A.A.O.A., F.A.I.A.I.,
A.B.E.M. (U.S.A.)

Dr. Shah moved to USA in 1965. He was a Hindu and was always searching for God, he attended

- † Christian Seminars,
- † Churches,
- † Yoga,
- † Ashram,
- † Studied Gita,
- † Upnishad,
- † Ramayan,
- † Mahabharat.

When Dr. Shah started studying the Bible and found that it was true, he did not see any reason to turn back. He accepted Jesus Christ as his Lord and Savior and got baptized, He has been a Christian ever since, and started on his Christian Journey.

Read On